



Fishermen And Fuehrers

The herring
harvest
of Britain
is brought
into port

HERE is an ancient Teutonic word, "heer." It means an army. This is an apt word. Britain took it and converted it into a word especially British, "Herring." And the story of this humble fish of our fishermen is the real story of Britain!

The oldest document relating to this ancient industry is dated A.D. 700, and was discovered in the churches of the village of Evesham. In fact, the fisheries of Yarmouth and the East Coast were founded soon after the landing of Cerdic the Saxon, in 455.

And by the year 1106 Henry I. had made Yarmouth a borough, for which honour he demanded annual payment to be made to future kings of ten milliards of herrings.

Thus the humble fish became a Royal dish, and swam an unwilling way to our finny king's table from the nets of British fishermen.

And out of the fishermen's epic struggles with the angry sea can be traced the rise of the British Merchant Service and ultimately, of the Royal Navy itself!

They are big men, these fishermen, and in the old days, a background drenched with civic and naval history of the sea, and haunted by the ghosts of good ships and better men...

...such men as Sir Condor Shovel, Sir John Narborough, Sir Christopher Mordaunt, Marryat, And Nelson.

It was from a village not far from Nelson's birthplace I had the high honour of sailing into the North Sea on many an epic occasion with fishermen of England, to sweep the fish of its finny inhabitants.

Sinister "Fish"

Many were the yarns spun of other blue-jerseyed men, grandfathers, fathers, uncles, who went away from ports between Lowestoft and far-off lonely Lerwick, in the Shetland, to sweep for other "fish"... death fish joined with devilish intent by the Hun of 1914-18.

Many a fisherman stayed out there, with his little ship and his messmates, after a sinister and these Nazi scientists went

on to detail other facts: dried and separated by secret chemical process the herrings gave valuable nitrates and glycine.

They went a step further: from the dried herrings they would then extract cellulose and form it into a plastic to be used in moulded synthetic plastics for employment in the wings of Luftwaffe warplanes.

The latter? Well—believe it or not—these Nazi scientists claimed they could produce artificial soap from what was left of the poor herring! Toilet soap—and Huns... oh, hum!

So Adolf Hitler issued a special Order of the Day requiring his seamen to catch not less than 10,000 herring from the doorsteps of dead-end Britain every week.

Unfortunately for his blitzkrieg world plans there is in existence the British Navy and the other fleet of mighty Big Ships, and the North Sea is not the "German Ocean."

It is, in case Hitler never knew, an expanse of water over which British fishermen represent a deadly menace to the destined duty of blue-jerseyed men to the land that gave them birth.

seen the plan extol its beauty, its dignity and its boldness. Looking at it now we are inspired by the knowledge that an island people could not only resist the blitz, but, in their hearts, seek to take advantage of the blitz to do something better than the blitz itself.

But the Government's not let them!

WILLENSEN GIVES OUT A WARNING

WILLENSEN, protesting against the Nazi discrimination shown by Polish officers in Britain, has arranged for this afternoon to meet Mayor presiding a meeting which will be held in the City of London.

He said that the Jews sent to prison are allowed—that is all they demand—that the British Army, but warn people of the danger of spreading racialism.

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This is the 20th FOOD FACTS —a "Request Programme"

For 200 weekly issues FOOD FACTS has given the news and views of the Ministry of Food, with hundreds of wartime hints and recipes. The editors pledge themselves to carry on with the job of helping you to *feed right* and to *feed right* despite wartime difficulties. And here is a "Request Programme"—reprinted items asked for over and over again, all still topical today.

An ABC of Green Vegetable Cooking

Always wash greens quickly. Never soak for a long time. Cooking wastes valuable vitamins and mineral salts.

Before cooking, add greens with a little salt. Shredding helps to cook quickly.

Cook all greens with the lid on. Use a little salt boiling water to keep the pan from burning.

Don't kill the vitamins in the greens by overcooking. Ten minutes is the maximum. Usually enough.

Eat greens as soon as they are cooked. Waiting destroys the goodness. (From Food Facts 176.)

Fat-saving Tips

1 Fried potatoes, save the oil in a frying pan. Use it for frying again.

2 Use wrapping paper from butter, margarine and lard to grease tins and covering food in the oven.

3 Greased and cleaned, old tin cans will hold a lot of fat. Wash them with a scrap of paper and use for frying.

4 After boiling fatty meats and bones, pour the fat off the water to cool, and skim off the fat which has solidified.

5 Fry herrings and eels in a little oil. Warm the oil and sprinkle in salt before frying. (From Food Facts 176.)



POINTS NEWS

PERIOD 10, MAY 11

No change in value of ration points.

24 per lb. A-1, B-2, C-3, D-4, E-5, F-6, G-7, H-8, I-9, J-10, K-11, L-12, M-13, N-14, O-15, P-16, Q-17, R-18, S-19, T-20, U-21, V-22, W-23, X-24, Y-25, Z-26, AA-27, AB-28, AC-29, AD-30, AE-31, AF-32, AG-33, AH-34, AI-35, AJ-36, AK-37, AL-38, AM-39, AN-40, AO-41, AP-42, AQ-43, AR-44, AS-45, AT-46, AU-47, AV-48, AW-49, AX-50, AY-51, AZ-52, BA-53, BB-54, BC-55, BD-56, BE-57, BF-58, BG-59, BH-60, BI-61, BJ-62, BK-63, BL-64, BM-65, BN-66, BO-67, BP-68, BQ-69, BR-70, BS-71, BT-72, BU-73, BV-74, BW-75, BX-76, BY-77, BZ-78, CA-79, CB-80, CC-81, CD-82, CE-83, CF-84, CG-85, CH-86, CI-87, CJ-88, CK-89, CL-90, CM-91, CN-92, CO-93, CP-94, CQ-95, CR-96, CS-97, CT-98, CU-99, CV-100, CW-101, CX-102, CY-103, CZ-104, DA-105, DB-106, DC-107, DD-108, DE-109, DF-110, DG-111, DH-112, DI-113, DJ-114, DK-115, DL-116, DM-117, DN-118, DO-119, DP-120, DQ-121, DR-122, DS-123, DT-124, DU-125, DV-126, DW-127, DX-128, DY-129, DZ-130, EA-131, EB-132, EC-133, ED-134, EE-135, EF-136, EG-137, EH-138, EI-139, EJ-140, EK-141, EL-142, EM-143, EN-144, EO-145, EP-146, EQ-147, ER-148, ES-149, ET-150, EU-151, EV-152, EW-153, EX-154, EY-155, EZ-156, FA-157, FB-158, FC-159, FD-160, FE-161, FF-162, FG-163, FH-164, FI-165, FJ-166, FK-167, FL-168, FM-169, FN-170, FO-171, FP-172, FQ-173, FR-174, FS-175, FT-176, FU-177, FV-178, FW-179, FX-180, FY-181, FZ-182, GA-183, GB-184, GC-185, GD-186, GE-187, GF-188, GG-189, GH-190, GI-191, GJ-192, GK-193, GL-194, GM-195, GN-196, GO-197, GP-198, GQ-199, GR-200, GS-201, GT-202, GU-203, GV-204, GW-205, GX-206, GY-207, GZ-208, HA-209, HB-210, HC-211, HD-212, HE-213, HF-214, HG-215, HH-216, HI-217, HJ-218, HK-219, HL-220, HM-221, HN-222, HO-223, HP-224, HQ-225, HR-226, HS-227, HT-228, HU-229, HV-230, HW-231, HX-232, HY-233, HZ-234, IA-235, IB-236, IC-237, ID-238, IE-239, IF-240, IG-241, IH-242, II-243, IJ-244, IK-245, IL-246, IM-247, IN-248, IO-249, IP-250, IQ-251, IR-252, IS-253, IT-254, IU-255, IV-256, IW-257, IX-258, IY-259, IZ-260, JA-261, JB-262, JC-263, JD-264, JE-265, JF-266, JG-267, JH-268, JI-269, JJ-270, JK-271, JL-272, JM-273, JN-274, JO-275, JP-276, JQ-277, JR-278, JS-279, JT-280, JU-281, JV-282, JW-283, JX-284, JY-285, JZ-286, KA-287, KB-288, KC-289, KD-290, KE-291, KF-292, KG-293, KH-294, KI-295, KJ-296, KK-297, KL-298, KM-299, KN-300, KO-301, KP-302, KQ-303, KR-304, KS-305, KT-306, KU-307, KV-308, KW-309, KX-310, KY-311, KZ-312, LA-313, LB-314, LC-315, LD-316, LE-317, LF-318, LG-319, LH-320, LI-321, LJ-322, LK-323, LL-324, LM-325, LN-326, LO-327, LP-328, LQ-329, LR-330, LS-331, LT-332, LU-333, LV-334, LW-335, LX-336, LY-337, LZ-338, MA-339, MB-340, MC-341, MD-342, ME-343, MF-344, MG-345, MH-346, MI-347, MJ-348, MK-349, ML-350, MN-351, MO-352, MP-353, MQ-354, MR-355, MS-356, MT-357, MU-358, MV-359, MW-360, MX-361, MY-362, MZ-363, NA-364, NB-365, NC-366, ND-367, NE-368, NF-369, NG-370, NH-371, NI-372, NJ-373, NK-374, NL-375, NM-376, NO-377, NP-378, NQ-379, NR-380, NS-381, NT-382, NU-383, NV-384, NW-385, NX-386, NY-387, NZ-388, OA-389, OB-390, OC-391, OD-392, OE-393, OF-394, OG-395, OH-396, OI-397, OJ-398, OK-399, OL-400, OM-401, ON-402, OO-403, OP-404, OQ-405, OR-406, OS-407, OT-408, OU-409, OV-410, OW-411, OX-412, OY-413, OZ-414, PA-415, PB-416, PC-417, PD-418, PE-419, PF-420, PG-421, PH-422, PI-423, PJ-424, PK-425, PL-426, PM-427, PN-428, PO-429, PP-430, PQ-431, PR-432, PS-433, PT-434, PU-435, PV-436, PW-437, PX-438, PY-439, PZ-440, QA-441, QB-442, QC-443, QD-444, QE-445, QF-446, QG-447, QH-448, QI-449, QJ-450, QK-451, QL-452, QM-453, QN-454, QO-455, QP-456, QQ-457, QR-458, QS-459, QT-460, QU-461, QV-462, QW-463, QX-464, QY-465, QZ-466, RA-467, RB-468, RC-469, RD-470, RE-471, RF-472, RG-473, RH-474, RI-475, RJ-476, RK-477, RL-478, RM-479, RN-480, RO-481, RP-482, RQ-483, RR-484, RS-485, RT-486, RU-487, RV-488, RW-489, RX-490, RY-491, RZ-492, SA-493, SB-494, SC-495, SD-496, SE-497, SF-498, SG-499, SH-500, SI-501, SJ-502, SK-503, SL-504, SM-505, SN-506, SO-507, SP-508, SQ-509, SR-510, SS-511, ST-512, SU-513, SV-514, SW-515, SX-516, SY-517, SZ-518, TA-519, TB-520, TC-521, TD-522, TE-523, TF-524, TG-525, TH-526, TI-527, TJ-528, TK-529, TL-530, TM-531, TN-532, TO-533, TP-534, TQ-535, TR-536, TS-537, TU-538, TV-539, TW-540, TX-541, TY-542, TZ-543, UA-544, UB-545, UC-546, UD-547, UE-548, UF-549, UG-550, UH-551, UI-552, UJ-553, UK-554, UL-555, UM-556, UN-557, UO-558, UP-559, UQ-560, UR-561, US-562, UT-563, UV-564, UW-565, UX-566, UY-567, UZ-568, VA-569, VB-570, VC-571, VD-572, VE-573, VF-574, VG-575, VH-576, VI-577, VJ-578, VK-579, VL-580, VM-581, VN-582, VO-583, VP-584, VQ-585, VR-586, VS-587, VT-588, VU-589, VV-590, VW-591, VX-592, VY-593, VZ-594, WA-595, WB-596, WC-597, WD-598, WE-599, WF-600, WG-601, WH-602, WI-603, WJ-604, WK-605, WL-606, WM-607, WN-608, WO-609, WP-610, WQ-611, WR-612, WS-613, WT-614, WU-615, WV-616, WW-617, WX-618, WY-619, WZ-620, XA-621, XB-622, XC-623, XD-624, XE-625, XF-626, XG-627, XH-628, XI-629, XJ-630, XK-631, XL-632, XM-633, XN-634, XO-635, XP-636, XQ-637, XR-638, XS-639, XT-640, XU-641, XV-642, XW-643, XX-644, XY-645, XZ-646, YA-647, YB-648, YC-649, YD-650, YE-651, YF-652, YG-653, YH-654, YI-655, YJ-656, YK-657, YL-658, YM-659, YN-660, YO-661, YP-662, YQ-663, YR-664, YS-665, YT-666, YU-667, YV-668, YW-669, YX-670, YZ-671, ZA-672, ZB-673, ZC-674, ZD-675, ZE-676, ZF-677, ZG-678, ZH-679, ZI-680, ZJ-681, ZK-682, ZL-683, ZM-684, ZN-685, ZO-686, ZP-687, ZQ-688, ZR-689, ZS-690, ZT-691, ZU-692, ZV-693, ZW-694, ZX-695, ZY-696, ZZ-697, AA-698, AB-699, AC-700, AD-701, AE-702, AF-703, AG-704, AH-705, AI-706, AJ-707, AK-708, AL-709, AM-710, AN-711, AO-712, AP-713, AQ-714, AR-715, AS-716, AT-717, AU-718, AV-719, AW-720, AX-721, AY-722, AZ-723, BA-724, BB-725, BC-726, BD-727, BE-728, BF-729, BG-730, BH-731, BI-732, BJ-733, BK-734, BL-735, BM-736, BN-737, BO-738, BP-739, BQ-740, BR-741, BS-742, BT-743, BU-744, BV-745, BW-746, BX-747, BY-748, BZ-749, CA-750, CB-751, CC-752, CD-753, CE-754, CF-755, CG-756, CH-757, CI-758, CJ-759, CK-760, CL-761, CM-762, CN-763, CO-764, CP-765, CQ-766, CR-767, CS-768, CT-769, CU-770, CV-771, CW-772, CX-773, CY-774, CZ-775, DA-776, DB-777, DC-778, DD-779, DE-780, DF-781, DG-782, DH-783, DI-784, DJ-785, DK-786, DL-787, DM-788, DN-789, DO-790, DP-791, DQ-792, DR-793, DS-794, DT-795, DU-796, DV-797, DW-798, DX-799, DY-800, DZ-801, EA-802, EB-803, EC-804, ED-805, EE-806, EF-807, EG-808, EH-809, EI-810, EJ-811, EK-812, EL-813, EM-814, EN-815, EO-816, EP-817, EQ-818, ER-819, ES-820, ET-821, EU-822, EV-823, EW-824, EX-825, EY-826, EZ-827, FA-828, FB-829, FC-830, FD-831, FE-832, FF-833, FG-834, FH-835, FI-836, FJ-837, FK-838, FL-839, FM-840, FN-841, FO-842, FP-843, FQ-844, FR-845, FS-846, FT-847, FU-848, FV-849, FW-850, FX-851, FY-852, FZ-853, GA-854, GB-855, GC-856, GD-857, GE-858, GF-859, GG-860, GH-861, GI-862, GJ-863, GK-864, GL-865, GM-866, GN-867, GO-868, GP-869, GQ-870, GR-871, GS-872, GT-873, GU-874, GV-875, GW-876, GX-877, GY-878, GZ-879, HA-880, HB-881, HC-882, HD-883, HE-884, HF-885, HG-886, HH-887, HI-888, HJ-889, HK-890, HL-891, HM-892, HN-893, HO-894, HP-895, HQ-896, HR-897, HS-898, HT-899, HU-900, HV-901, HW-902, HX-903, HY-904, HZ-905, IA-906, IB-907, IC-908, ID-909, IE-910, IF-911, IG-912, IH-913, II-914, IJ-915, IK-916, IL-917, IM-918, IN-919, IO-920, IP-921, IQ-922, IR-923, IS-924, IT-925, IU-926, IV-927, IW-928, IX-929, IY-930, IZ-931, JA-932, JB-933, JC-934, JD-935, JE-936, JF-937, JG-938, JH-939, JI-940, JJ-941, JK-942, JL-943, JM-944, JN-945, JO-946, JP-947, JQ-948, JR-949, JS-950, JT-951, JU-952, JV-953, JW-954, JX-955, JY-956, JZ-957, KA-958, KB-959, KC-960, KD-961, KE-962, KF-963, KG-964, KH-965, KI-966, KJ-967, KL-968, KM-969, KN-970, KO-971, KP-972, KQ-973, KR-974, KS-975, KT-976, KU-977, KV-978, KW-979, KX-980, KY-981, KZ-982, LA-983, LB-984, LC-985, LD-986, LE-987, LF-988, LG-989, LH-990, LI-991, LJ-992, LK-993, LM-994, LN-995, LO-996, LP-997, LQ-998, LR-999, LS-1000, LT-1001, LU-1002, LV-1003, LW-1004, LX-1005, LY-1006, LZ-1007, MA-1008, MB-1009, MC-1010, MD-1011, ME-1012, MF-1013, MG-1014, MH-1015, MI-1016, MJ-1017, MK-1018, ML-1019, MN-1020, MO-1021, MP-1022, MQ-1023, MR-1024, MS-1025, MT-1026, MU-1027, MV-1028, MW-1029, MX-1030, MY-1031, MZ-1032, NA-1033, NB-1034, NC-1035, ND-1036, NE-1037, NF-1038, NG-1039, NH-1040, NI-1041, NJ-1042, NK-1043, NL-1044, NM-1045, NO-1046, NP-1047, NQ-1048, NR-1049, NS-1050, NT-1051, NU-1052, NV-1053, NW-1054, NX-1055, NY-1056, NZ-1057, OA-1058, OB-1059, OC-1060, OD-1061, OE-1062, OF-1063, OG-1064, OH-1065, OI-1066, OJ-1067, OK-1068, OL-1069, OM-1070, ON-1071, OO-1072, OP-1073, OQ-1074, OR-1075, OS-1076, OT-1077, OU-1078, OV-1079, OW-1080, OX-1081, OY-1082, OZ-1083, PA-1084, PB-1085, PC-1086, PD-1087, PE-1088, PF-1089, PG-1090, PH-1091, PI-1092, PJ-1093, PK-1094, PL-1095, PM-1096, PN-1097, PO-1098, PP-1099, PQ-1100, PR-1101, PS-1102, PT-1103, PU-1104, PV-1105, PW-1106, PX-1107, PY-1108, PZ-1109, QA-1110, QB-1111, QC-1112, QD-1113, QE-1114, QF-1115, QG-1116, QH-1117, QI-1118, QJ-1119, QK-1120, QL-1121, QM-1122, QN-1123, QO-1124, QP-1125, QR-1126, QS-1127, QT-1128, QU-1129, QV-1130, QW-1131, QX-1132, QY-1133, QZ-1134, RA-1135, RB-1136, RC-1137, RD-1138, RE-1139, RF-1140, RG-1141, RH-1142, RI-1143, RJ-1144, RK-1145, RL-1146, RM-1147, RN-1148, RO-1149, RP-1150, RQ-1151, RR-1152, RS-1153, RT-1154, RU-1155, RV-1156, RW-1157, RX-1158, RY-1159, RZ-1160, SA-1161, SB-1162, SC-1163, SD-1164, SE-1165, SF-1166, SG-1167, SH-1168, SI-1169, SJ-1170, SK-1171, SL-1172, SM-1173, SN-1174, SO-1175, SP-1176, SQ-1177, SR-1178, SS-1179, ST-1180, SU-1181, SV-1182, SW-1183, SX-1184, SY-1185, SZ-1186, TA-1187, TB-1188, TC-1189, TD-1190, TE-1191, TF-1192, TG-1193, TH-1194, TI-1195, TJ-1196, TK-1197, TL-1198, TM-1199, TN-1200, TO-1201, TP-1202, TQ-1203, TR-1204, TS-1205, TU-1206, TV-1207, TW-1208, TX-1209, TY-1210, TZ-1211, UA-1212, UB-1213, UC-1214

EMPIRE HAS 9,500,000 UNDER ARMS

FEW people know that the British Empire has under arms more than half a million women and nearly nine million men, and this does not include the Home Guard," Mr. Oliver Lyttelton, Minister of Production, said yesterday.

"I cannot give the figures in detail, India and the Dominions and the Colonial Empire have contributed about half the number."

"It is unnecessary to stress that the British Commonwealth, apart from its numbers and its territory, holds the key to the most strategic positions in the world upon which peace depends."

Mr. Lyttelton was speaking at Aylesford.

FEWER POINTS FOR TINNED STEAK

SEVERAL changes are made in the points value of food in the new period which begins today. The number of points for each person is unchanged.

Tinned steak is reduced from 24 to 20 points per lb. Wellare biscuits are reduced from two points to one point per lb. Matrons go back from one point to four points per lb. now that the "Pauvre" ration is finished. Cereals are increased from eight to 16 points per lb. but

there will be few available until the end of May.

A small quantity has come from Australia.

A letter dated from Iraq will be eight points per lb.

A small consignment of 2½ lb. tin of canned dog food will be coming on the market, chiefly in Scotland, at 12 points per can.

(Details on Page Two)

ADVERTISERS' ANNOUNCEMENTS

Sweet mystery...

or the Sinister Affair of the Missing Chocolate Bar!

A mystery incident to the Service men and women who cannot always buy their favorite brand of chocolate or sweets in the NAAFI. What's the mystery? The culprits are coming and robbing. Most NAAFI canteens can offer only those varieties of confectionery which are manufactured within the area, or some, in which they are situated. NAAFI distributes no fewer than 15 different "lines" of chocolate and sweets to the Services.

Chocolate is in great demand and restricted supply. Large quantities are needed for the service overseas; reserve stocks for the Second Front and to help to feed surviving pockets of France. Only a small proportion of the Service men's allocation of confectionery available at NAAFI can be in the form of blocks of chocolate. The sweet mystery is only one of NAAFI's constant worries. Staff shortages is another, and even more urgent, problem. NAAFI needs managers, cooks and counter assistants. Apply, NAAFI, Imperial Court, Kensington, L.N.E., London, S.W.11.

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If you cannot work, cannot play and cannot even move about without being tormented by the pain of rheumatism, it is high time you read the following extracts from a letter—

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